

Feelings chart

Use this chart to identify and talk about feelings you and your child might have.



HAPPY



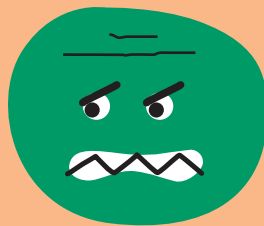
ANGRY



SCARED



DISAPPOINTED



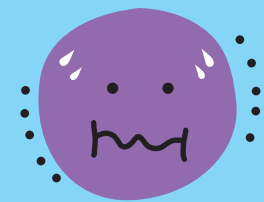
JEALOUS



SURPRISED



EXCITED



NERVOUS



SAD



LONELY



EMBARRASSED



BORED