

Transition: Circles of Help

You will need:    

Transition from primary to secondary school can be scary for children. Discuss who they can turn to now at primary school, and who could help them at secondary school. If they have an older brother or sister, ask them for their ideas. Your child can add more people to the secondary school circle once they've had an induction day or started Year 7.

Your child can draw or stick pictures of people they would turn to if they were worried, scared or needed help. Who are the friends, family members, teachers or other people they could go to for support?

