



Building Good Friendships

My friends

Discuss who they have as friends, why they are their friends and how having friends make them feel.



What makes a good friend?

Think about what makes a good friend? What would they choose as their top three characteristics?



What makes a good friendship?

Discuss how we make and keep friends. Does their caring role make it more difficult to make friends? Why is trust important in a friendship?



Good friend poster

Ask them to create a poster celebrating their friend(s) what are their shared interests, best qualities etc.



Independent Activity

This is me

On paper or on a device, create a poster or booklet to communicate with friends what you do as a young carer.

