

# All about Me

It can be nerve-racking starting a new school and making new friends. This activity is designed to help children to think about their good qualities and feel more confident in who they are.

Ask all the children to complete the sheet.

Get them to compare with other children in the class. What similarities and differences are there? Did any of the answers surprise them?

Remind the children that everyone is different and one of the great things about making new friends is getting to find out about new people. Some of the topics could be great conversation starters with the new children they'll be meeting.

Additionally you could also ask the children to complete the sheet for characters in the book. Explain that when writing fiction, it helps for your characters to have a back story. What are the things that make Nora, Stef and Jacob tick?



# All about Me

Starting a new school and meeting new people can be nerve-wracking. It's important to remember all of the good qualities you have and what makes you special.

Here's a picture of me

Things that make me feel happy

Things that make me feel proud of myself \_\_\_\_\_

Things that make me feel excited \_\_\_\_\_

The meal I like most \_\_\_\_\_

The animal I would like to be \_\_\_\_\_

Something I like to do with my friends \_\_\_\_\_

Someone I admire a lot \_\_\_\_\_

My favourite subject at school \_\_\_\_\_

I do not like \_\_\_\_\_

I would like to become \_\_\_\_\_

The best thing about me \_\_\_\_\_